

Course Syllabus for Parent Night
6th & 7th grade (2017-2018)

Course: Physical Education Teacher: Mike Hertlein, Marybeth Hewitt, Sandi Morales Grade Level: 6-7

Email: mhertlein@jp2.org, mhewitt@jp2.org, smorales@jp2.org Conference Time: Tue & Thu 2:30-3:10PM

Textbook Series: (workbooks, Novels, other reading materials):

Topics Covered:

Team Sports - Football, Volleyball, Basketball, Tchoukball, Etc. Dual/Ind./Lifetime Sports - Badminton, Spikeball, Frisbee, Etc. Health Fitness – proper exercise form, fitness gauge/log Health related topics – muscles and bones knowledge, personal hygiene, correlate physical activities and social behavior

Expectations:

Learn the importance of being a team player, Participate to the best of their ability, General knowledge of the various sports, Understand in greater detail the function of the body, learn to measure their own performance more accurately, and develop plans for improvement. Identifying the types of activities that provide them with enjoyment and challenge them to be physically active throughout life.

Grading:

Grading will be based on students participation and effort during class. Students will also earn a health/homework grade for their fitness gauge. Lastly, student will earn a conduct grade for behavior during class.

Special Projects / Events:

Student fitness levels are assessed starting at the beginning of the year, which we call their baseline test. We will re-test twice a school year so students can see improvements or not in each of the 5 fitness categories we have chosen. We encourage all students to practice at home. We always aim to bring new and fun activities to our classroom.

Integration and Use of Computers:

Field Trips: PE will try and bring in outside speakers/presenters to showcase new activities for our middle school students. In lieu of bringing students on a field trip, we plan on bringing the trip to our students in PE.

Other: